

# INDUSTRIOUS

## WORK HARD. LIVE FIT.®

### EMPLOYMENT APPLICATION

#### CONTACT INFORMATION

NAME:

ADDRESS:

PHONE / EMAIL:

DESIRED POSITION / LOCATION:

HOW DID YOU HEAR ABOUT THIS POSITION?

#### EDUCATION/QUALIFICATIONS

HIGHSCHOOL -

GRADUATION DATE:

COLLEGE/UNIVERSITY-

DATES:

FIELD OF STUDY:

DEGREE OBTAINED:  Y  N

ONGOING PROFESSIONAL DEVELOPMENT-

DESCRIPTION:

#### TRAINING & DEVELOPMENT

Use the space below to give details of any training or development that is relevant to the position you are applying for and that may support your application.

Example: CrossFit L-1

#### EMPLOYMENT HISTORY

Please include any previous experience (paid or unpaid), starting with the most recent.

NAME OF EMPLOYER:

ADDRESS:

POSITION HELD:

DATES:

REASON FOR LEAVING:

BRIEF DESCRIPTION OF DUTIES:



## EMPLOYMENT HISTORY (CONT.)

Please include any previous experience (paid or unpaid), starting with the most recent.

NAME OF EMPLOYER:

ADDRESS:

POSITION HELD:

DATES:

REASON FOR LEAVING:

BRIEF DESCRIPTION OF DUTIES:

NAME OF EMPLOYER:

ADDRESS:

POSITION HELD:

DATES:

REASON FOR LEAVING:

BRIEF DESCRIPTION OF DUTIES:

## DECLARATION

Please read the following declaration and sign in the appropriate place below. If this declaration is not signed, your application may not be considered.

*I CONFIRM THAT ALL THE INFORMATION GIVEN BY ME ON THIS FORM IS CORRECT AND ACCURATE AND I UNDERSTAND THAT IF ANY OF THE INFORMATION I HAVE PROVIDED IS LATER FOUND TO BE FALSE OR MISLEADING, ANY OFFER OF EMPLOYMENT MAY BE WITHDRAWN OR EMPLOYMENT TERMINATED*

SIGNATURE:

DATE:

## AVAILABILITY

Please number in order of preference (1 being the most preferred, 4 being the least preferred). Hours vary base on position and/or location.

MORNINGS (5AM - 11AM)

MID-DAY (9AM - 5PM)

EVENINGS (3PM - 9PM)

SATURDAYS (7:00AM - 2PM)

SUNDAYS (7:00AM - 2PM)

EARLIEST START DATE:

Do you have any restrictions on the hours you are able to work?



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## MORE INFO ABOUT YOU:

1. What other experience(s) do you have in the fitness industry?
2. What other experience(s) do you have in the service industry?
3. Are you a current member at Industrious? If so, for how long?
4. Why do you want to work for Industrious?
5. What are your top 5 personal values?
6. What does, "Living the best life possible" mean and look like to you?

Return completed applications via e-mail to:  
LYN: [Ben@WorkHardLiveFit.com](mailto:Ben@WorkHardLiveFit.com)  
SLU: [Bret@WorkHardLiveFit.com](mailto:Bret@WorkHardLiveFit.com)

